

Business-First Health Intelligence Report

Health Insights for Workforce At Organisation X

A Business-First Health Intelligence Report for HR Leadership

This report is designed to help you understand and manage the organization's health-related risk exposure—not to diagnose individuals. It aggregates employee health signals into business-relevant insights.

Scroll to explore



SYNOPSIS

Report Overview

Purpose

To provide HR leadership with a comprehensive view of workforce health status, enabling data-driven decisions on benefits design, risk management, and employee wellness initiatives.

Scope

Analysis of 9,016 biomarker records segmented by age groups and gender, along with an overall cohort benchmarking layer.

Methodology

Data aggregated from health assessments, screening results, and wellness metrics. For detailed understanding of mathematical models, please refer to References section.

Key Focus Areas

Industry benchmarking, age-based health patterns, gender-specific insights, location analysis, risk stratification, and actionable recommendations.

 Disclaimer

This report is designed to help you understand and manage the organization's health-related risk exposure, not to diagnose individuals. All data and models are vetted by a doctor.

KEY FINDINGS

What Data Revealed

Six critical insights that define your organization's workforce health landscape

67%

Healthy Employees

AVERAGE HEALTH SCORE

The cohort's average health score is 833 which is 41 points below the industry average. The strongest current burden signal continues to come from lipid risk.

833/1000

AVERAGE BIOLOGICAL AGE

Average biological age is 31.5 vs actual age of 30.7 (0.8 year biological-age acceleration). This remains a relative biomarker-based ageing view for cohort comparison.

31.5 ↗

PRE-EXISTING CONDITION DETECTED

70.8% of employees have at least one detected condition. Vitamin deficiency at 41.4% is the most prevalent currently visible burden.

70%

CONDITIONS PREDICTED

50.5% of employees fall into medium-to-critical future risk bands, while 15.6% are already in high or critical risk. This shows meaningful forward-looking burden beyond today's detected conditions.

50%

01 Industry Benchmarking

Where you stand against the industry

02 Age Based Analysis

Health profile, risks, and recommendations by age group

- Health Score
- System Scores
- Bio Age Vs Actual Age
- Early Health Signals
- Condition Detection
- Condition Prediction

03 Gender Based Analysis

Gender-specific health patterns and interventions

- Health Score
- System Scores
- Bio Age Vs Actual Age
- Early Health Signals
- Condition Detection
- Condition Prediction

04 Conclusion & Recommendations

From data to business impact and strategic action

01 Industry Benchmarking

Where you stand against other corporates

Comprehensive comparison of your organization's health metrics against standards, peers, and competitors.

Disclaimer - We have focused exclusively on IT software companies for our industry benchmarking.

Health Score

You vs Industry Comparison

 What is Health Score?

Health Score is a weighted index signifying the overall health status of an individual as per important biomarker patterns across key body systems. This view compares Organisation X's derived score against fixed industry reference values.

Avg health score of organisation

833

Industry average health score

874

Gap to average industry health score

-41



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Biological Age vs. Chronological Age

How is biological age measured?



What is Biological Age?

Biological age is a measure of how old your body really is, based on the condition of your cells and organs. It is different from chronological age, which is the number of years you have lived.

Real Age (Biological)

31.5

Chronological Age

Real Age (Biological)

34

Chronological Age



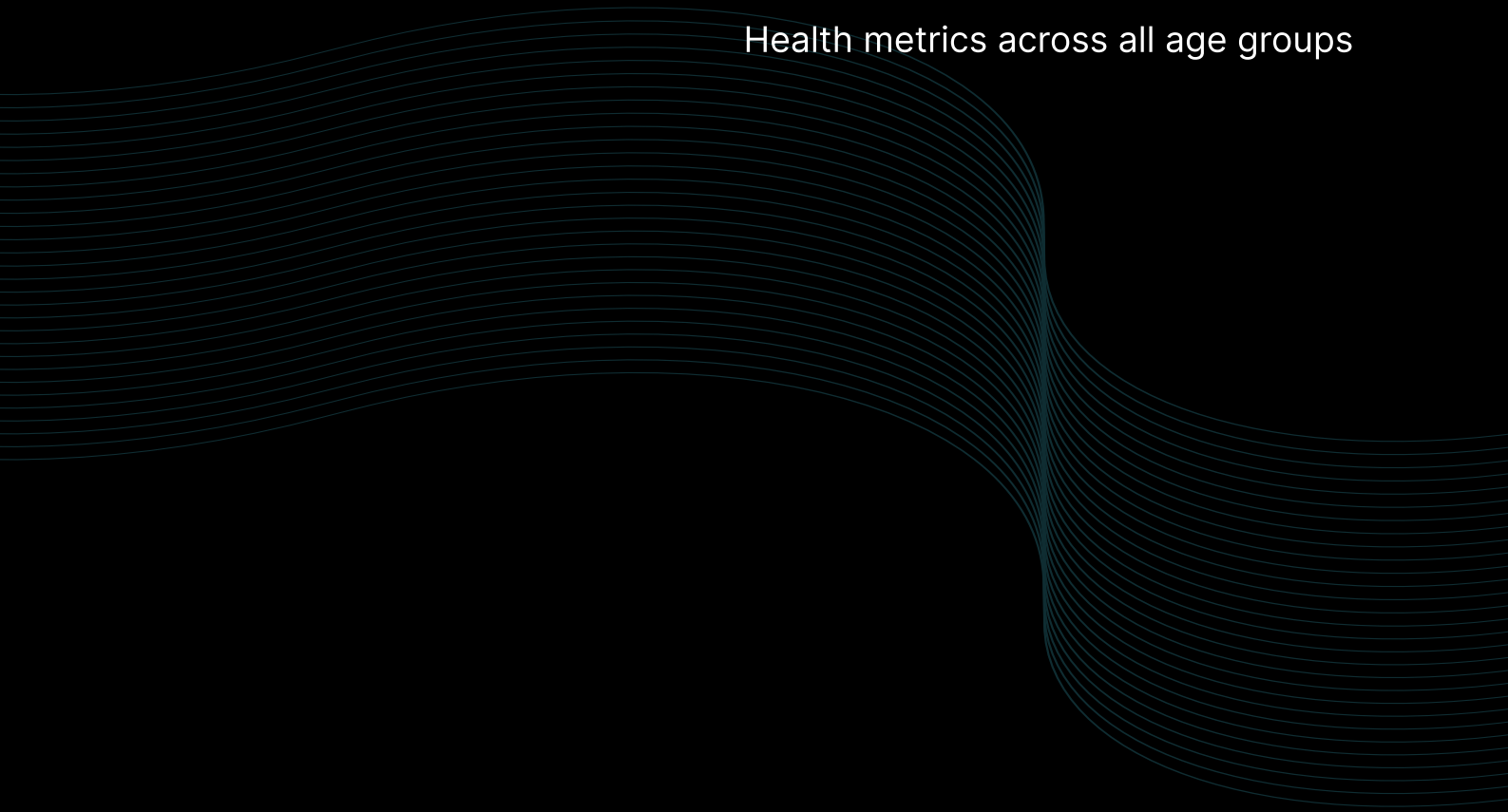
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Our research suggests that the average biological age is 31.5 years, which is 3 years younger than the average chronological age of 34.5 years. This difference is due to the fact that biological age is a measure of how old your body really is, based on the condition of your cells and organs. It is different from chronological age, which is the number of years you have lived. The difference between the two is 3 years, which is a significant difference. This means that people who are 34.5 years old but have a biological age of 31.5 are 3 years younger than they appear to be.

02 Age Based Analysis

Health metrics across all age groups

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Board of Directors

Chairman of the Board



John Doe, Chairman

John Doe is a seasoned executive with over 20 years of experience in the technology industry. He has held various senior positions at leading companies, where he has demonstrated a strong commitment to innovation, strategic growth, and exceptional leadership. His expertise spans across product development, market expansion, and financial management. He is passionate about driving sustainable growth and creating long-term value for all stakeholders.

Executive Management



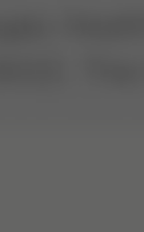
Jane Smith, CEO

Jane Smith is a dynamic leader with a proven track record of driving organizational success. She has successfully led teams through complex challenges, fostering a culture of innovation and collaboration. Her strategic vision and operational excellence have resulted in significant growth and market leadership. She is dedicated to building a high-performing organization that delivers exceptional results for our shareholders and customers.



Michael Johnson, CFO

Michael Johnson is a financial expert with extensive experience in corporate finance and strategic planning. He has played a key role in optimizing financial performance, managing risk, and ensuring compliance with regulatory requirements. His analytical skills and attention to detail have been instrumental in achieving our financial goals and maintaining a strong credit rating. He is committed to transparency and effective communication with all stakeholders.



Sarah Lee, COO

Sarah Lee is a highly accomplished operations leader with a deep understanding of business processes and supply chain management. She has successfully implemented various operational improvements, resulting in increased efficiency, reduced costs, and enhanced customer satisfaction. Her strong leadership skills and ability to inspire teams have been key factors in our operational success. She is dedicated to continuous improvement and driving innovation in our operations.

Executive Summary: Key Findings

Key findings from the report:



What does this mean?

Overall, the market is expected to show steady growth over the next five years, driven by increasing demand for sustainable products and services. However, there are significant challenges ahead, particularly in the areas of supply chain stability and inflationary pressures. The report provides a detailed analysis of these factors and offers strategic recommendations for businesses to navigate the upcoming market conditions.

Market Overview

Key Trends

Opportunities

Risks

Conclusion

Recommendations

Introduction

Methodology

Scope

Limitations

Assumptions

References

Appendix A

Appendix B

Appendix C

Appendix D

Appendix E

Appendix F

Appendix G

Appendix H

Appendix I

Appendix J

Appendix K

Appendix L

This report provides a comprehensive overview of the market landscape, including key trends, opportunities, and risks. It is intended to serve as a valuable resource for decision-makers in the industry. The data presented is based on the most current information available at the time of writing, and it is subject to change as market conditions evolve.

03 Gender Based Analysis

Gender-specific health patterns and interventions

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Health System by Country

How is Canada's health system?



What does the report?

Health system performance is a key indicator of a country's health status. It reflects the ability of a country to provide high-quality, affordable, and accessible health services to its citizens. This report provides a comprehensive overview of the health system in Canada, including its strengths and weaknesses, and offers recommendations for improvement.

How is Canada's health system?

Health system performance is a key indicator of a country's health status.

\$19

How is Canada's health system?

Health system performance is a key indicator of a country's health status.



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Key findings: The report found that Canada's health system is generally performing well, but there are several areas for improvement. These include: (1) improving access to health services, (2) reducing health inequalities, (3) improving the quality of care, and (4) improving the efficiency of the system. The report also found that Canada's health system is more expensive than many other countries, and that there is a need to reduce costs.

Executive Summary by Country

Key findings and trends for each country.



What does this mean?

Global market outlook for 2024, covering key trends and challenges. The report highlights the impact of economic uncertainty, inflation, and geopolitical tensions on global growth. Key sectors to watch include technology, healthcare, and renewable energy. The outlook is generally positive, with strong growth expected in emerging markets.

Key Findings

2024

2023

Global Market Outlook

2024

2023

2022

Global Market Outlook

2024

2023

2022

Global Market Outlook

2024

2024

2024

2024



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Global market outlook for 2024, covering key trends and challenges. The report highlights the impact of economic uncertainty, inflation, and geopolitical tensions on global growth. Key sectors to watch include technology, healthcare, and renewable energy. The outlook is generally positive, with strong growth expected in emerging markets.

04 Conclusion & Recommendations

From data to business impact

Translating health metrics into organizational outcomes - productivity, costs,
and strategic recommendations for HR leadership.

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From Data to Business Impact

Understanding how workforce health directly affects your organization's productivity, costs, and competitive position

The Big Picture: Health Affects Everything

Total Employees
Analyzed

9,016

Employees with Health
Concerns

4,505

Issues are Preventable

50%

Employee health isn't just an HR concern - it directly impacts your bottom line through productivity, absenteeism, healthcare costs, and talent retention.

Organizational Impact Metrics

These numbers translate health data into business terms HR and leadership can act on.

Estimated
Productivity Loss

9.0%

Proxy estimate tied to current detected-condition load and future-risk concentration.

Annual Sick
Leave Days

30.3%

Projected increase versus a healthier baseline if the current signal pattern is unchanged.

Healthcare Cost
Risk

+39.0%

Projected three-year cost pressure if medium-to-high risk cohorts are not actively addressed.

Preventable
Conditions

50%

Share of the workforce that currently sits outside the low-risk health band and is still actionable.

Thank You

For reviewing the OPD workforce health analysis

This report is designed to support clearer leadership decisions through sharper health-risk visibility, better prioritization, and stronger preventive action planning.